

Keppnisflokkar (Categories) Long Track 2024-2025

Flokkar Aldur miðast við 1. júlí	Börn 10-13 ára stelpur / strákar	Ungmennni 14-17 ára stúlkur / piltar	Fullorðnir 18 ára+ konur / karlar	úrslit
Vegalengd	500m	500m, 1000m	500m, 1000m, 1500m	tímataka
ALLROUND kvk		500m, 1000m	500m, 1500m (3000m)	samanlögð tímataka ákveður úrslitaröð
ALLROUND kk		500m, 1000m	500m, 1500m (5000m)	samanlögð tímataka ákveður úrslitaröð
<u>2 keppendur í hverjum riðli. Úrslit ráðast með tímätöku</u>				
<u>ALLROUND : Besti tími hvers skautara í hverri vegalengd samanlagt ákveður úrslitaröð</u>				

Categories Age on July 1st	Children age 10-13 girls / boys	Teens age 14-17 women / men	Adults age 18 ára+ women / men	results
Distance	500m	500m, 1000m	500m, 1000m, 1500m	timekeeping
ALLROUND female		500m, 1000m	500m, 1500m (3000m)	combined timekeeping
ALLROUND male		500m, 1000m	500m, 1500m (5000m)	combined timekeeping
<u>2 skaters in each heat. Results are determined with timekeeping</u>				
<u>ALLROUND : Best time in each distance goes towards combined results</u>				