

# ÍSS Competition Categories 2020-2021

Categories + music length ISU rules apply Age as of July 1st	Jumps ISU rules apply *A repeated jump must be in a combination or a sequence. Each jump can only be repeated once	Spins ISU rules apply * <u>Of different nature (different abbreviation)</u>	Sequences ISU rules apply <u>except for Chicks and Cubs (see changes below)</u>	Program Components / Levels
<b>Chicks</b> 8 years & younger 2:00 min +/- 10 sec	<b>Max. 4 jump elements*</b> Max 2 combos/sequences	<b>Max. 2 spins*</b> (min. 3 revolutions)	<b>1 Step Sequence (StSq)</b>	Skating Skills Performance  Max Level 2
<b>Cubs</b> 10 years & younger 2:00 min +/- 10 sec	<b>Max 4 jump elements*</b> Max 2 combos/sequences	<b>Max. 2 spins*</b> (min. 3 revolutions)	<b>1 Step Sequence (StSq)</b>	Skating Skills Performance  Max Level 2
<b>Intermediate Ladies/Men</b> 15 years & older 3:00 min +/- 10 sec	<b>Max 5 jump elements</b> At least one must be an axel type Max 2 combos/sequences (one can include 3 jumps) Each jump can only be repeated once	<b>Max 2 spins*</b> (minimum 6 revolutions with no change of foot, minimum 8 revolutions with change of foot)	<b>1 Step Sequence (StSq)</b> and <b>1 Choreographic Sequence (ChSq)</b>	Skating Skills Transitions Performance Composition Interpretation  Max Level 4

Basic Novice, Intermediate Novice, Advanced Novice – [ISU Rules, Communciation 2328](#)

Junior and Senior – [ISU Rules, Rule 611 & 612](#)

### Bonus Points:

**Basic Novice:** 2Lz, 2F and 2Lo in the same program (fully rotated on the correct edge) give 1 point. 2A (can be <) gives 2 points.

**Advanced Novice:** 2A (fully rotated) / 3x (can be <) gives 2 points.

**Junior:** 3x (can be <) gives 2 points.

**All Categories:** Bonus points are given a maximum of two (2) times per program.

If a skater completes the requirements for bonuses more than twice (2) in a program the completed elements which give the two highest bonus points will be awarded.

## Program Components and Level Explanations

### Categories

**Chicks (8 years and younger) and Cubs (10 years and younger) receive marks for:**

- Skating Skills
- Performance

The factor of the program components is **2.5**.

**Levels explanations:** In all elements that are subject to levels, only features up to **Level 2** will be counted. Any additional features will not be counted for Level requirements and will be ignored by the Technical Panel.

The following changes will be made to the levels of step sequences in these categories:

<b>Abbreviation</b>	<b>Requirements</b>	<b>Base value</b>
<u>StSqB1</u>	<u>ISU requirements for StSqB</u>	<u>1.00 (each GOE will add/remove 0.10 points)</u>
<u>StSqB2</u>	<u>Five clean difficult or easy* turns/steps.</u>	<u>1.40 (each GOE will add/remove 0.14 points)</u>
<u>StSqB3</u>	<u>Five clean difficult or easy* turns/steps. At least three of them need to be difficult.</u>	<u>1.60 (each GOE will add/remove 0.16 points)</u>

\*List of easy turns/steps that can be counted: Three turns, Mohawks.

StSqB will not be called. StSq1 and StSq2 will have regular ISU requirements.

**Warm up times according to Mótahandbók. All other matters are according to ISU Communication 2328.**

**Intermediate Ladies/Men (15 years and older) receive marks for:**

- Skating Skills
- Transitions
- Performance
- Composition
- Interpretation of the music

The factor of the program components is **1.3**.

**Levels explanations:** In all elements that are subject to levels, ~~only~~ features up to **Level 4** will be counted.

No half time bonus will be given.

**Warm up times according to Mótahandbók. All other matters are according to ISU Junior Rules (Special Regulations and Technical Rules)**

**In all categories music should not include lyrics that are inappropriate for a sports competition and the age of the skater**