



International Seminar for Coaches

“ Art of Components “

For singles, pairs and ice dance coaches

JUNE 21-23, 2019

The seminar will be conducted in english

The aim for this first time seminar is to deliver coaches education on overall Skating skills, Choreography technique and the art of performing on ice.

The Seminar is designed for coaches and choreographers who have been working with ISU international junior and novice level skaters. A few skaters who will act as demonstrators will be admitted as well and will act as demonstrators.

Purpose of the Seminar:

- The seminar will focus on practical skating skills useful for coaches and skaters to improve the quality of skating in the composition of the program
- The seminar will produce basic education on different type of arts and develop knowledge for coaches and skaters to use with the young skaters in order to improve the technical skills as well as the artistic side of the sport
- Coaches will learn specific exercises to improve interpretation on ice
- The seminar will show specific training on and off ice to improve components marks in competition
- Coaches will learn the basic principles of music and how to use various tools in the artistic construction of the program
- A make up artist and fashion designer will explain the principles of theatrical make up and costume guidelines

Location: IceLab Ice rink – Via San Bernardino n° 141, Bergamo, Italy

<https://www.facebook.com/IceLabBergamo/>

Dates: 21-23 June, 2019

Criteria for participation:

The Italian Figure Skating association will invite the ISU member countries to send participants to the seminar.

Member federation will select their representatives based on the given criteria and knowledge of english language.

A maximum of 40 coaches will be accepted. Number of coaches entered from each ISU member is not limited but a general guideline has been established in order to guarantee the presence from different ISU members.

The seminars is also open to skaters (a maximum of 15) from coaches accepted in the seminar. Skaters should be at least junior level and should have achieved the qualifying TES score according to the ISU communication for Junior World Championship. They must attend together with their coach.

Coaches need to bring their skates with them.

All participants must have a medical insurance and have their valid insurance card with them.

Moderators:

Alexander Lakernik (How the judges evaluate components)

Misha Ge (on ice - technique and expression)

Anna Cappellini and Luca Lanotte (on ice - how to create a program)

Valentina Marchei and Ondrej Hotarek (on ice - performance and expression)

Igor Tchirniev (on ice - Skating Skills)

Luca Lombardi (Music)

Prisca Picano: ballet coach from Teatro La Scala

TBD : make up and costume designers

Expenses:

The financial responsibility for the Seminar is divided as follows:

- Coaches will pay a fee of euro 50,00 per day to cover living expenses (rooms and meals) and seminar fee.
- Eventual skaters admitted will pay by themselves their living expenses and a fee of euro 100,00 per day to attend the seminar.
- Coaches which cancel participation after June 5th will have to pay the 'no show fee', which is 80% of the living expenses of the concerned person(s).
- In order to ensure a high-quality Seminar and to be fair to others wishing to participate, capacity will be limited in advance to 40 coaches, but a waiting list will be created for those coaches who cannot be accepted in the first instance.

Application:The attached formular should be forwarded to figura@figg.it and to info@ice-lab.it before May 21, 2019.

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BERGAMO, ITALY JUNE 21-23, 2019

to be returned before May 21 2019

FEDERATION: _____

A. Coaches

Name	Given Name	Name	Given Name
1 :		7:	
2 :		8:	
3 :		9:	
4 :		10:	
5 :		11:	
6 :		12:	

B. Skaters

Name	Given Name	Name	Given Name
1:		5:	
1 :		6:	
3 :		7:	
4 :		8:	

CONTACTS :

please send all questions regarding seminar to :

e-mail figura@fisg.it

Franca Bianconi – e-mail icefb@tin.it