



1 Invitation

The Icelandic Skating Association would like to invite you to participate in the Nordics Open @RIG 2023.

Reykjavík International Games is a multisport event hosted by Reykjavik city over a two-week period. Further information about the multisport events can be found at www.rig.is

This will be the 16th year figure skating is part of the Reykjavík International Games, and the 9th year on the list of ISU Calendar of International competitions. With great pleasure we welcome figure skaters from Nordic Member Federations to participate in Novice categories, boys and girls.

2 General Regulations

The Nordics Open @RIG 2023 will be conducted in accordance with the ISU Constitution and General Regulations 2022, the ISU Special Regulations & Technical Rules for Figure Skating & Ice Dance 2022, as well as all updated ISU Communications.

Participation in **The Nordics Open** is open to competitors in Junior and Senior who belong to an ISU Member and qualify with regard to eligibility according to Rule 102, provided their ages fall within the limits specified in Rule 108, paragraph 3 a) and they meet the participation, citizenship and residency requirements in Rule 109, paragraphs 1 through 5 and ISU Communication 2030 or any update of this Communication.

Passports/EU ID cards of all Skaters, as well as the ISU Clearance Certificate, if applicable, must be presented at the accreditation of the event for verification.

Please note that **The Nordics @RIG 2023** for Advanced Novice Girls and Boys, which is only open to Nordic Members, will take place at the same time. **Details are stated in a separate announcement.**

3 Reykjavík

Reykjavik is the capital and largest city of Iceland. It is located in southwestern Iceland and its latitude is 64°08' N, making it the world's northernmost capital of a sovereign state in the world.

With a population of around 131.000 it is the centre of Iceland's cultural, economic and governmental activity and is a popular tourist destination.

Reykjavík is filled with a variety of things and activities to do, and places to see and visit. So whatever you're feeling you can always find something that fits your moment.

For inspiration and information visitreykjavik.is [#visitreykjavik](https://twitter.com/visitreykjavik)





4 Arrival

The international airport. Keflavik Airport (KEF), is located with a distance of 40 km from the capital. Travel from the airport to Reykjavík with Fly-bus takes approx. 50 min.

There will be no official transport to and from the airport.

Buses are available from Keflavik airport and stop at all main hotels. Further information about the bus service can be found at www.re.is/tour/flybus/.

5 Technical Data

Venue

Main arena

Laugardalur Ice Arena, Múlavegi 1, Reykjavík

An indoor ice-rink with the ice surface of 30 x 60 m, air-conditioned and heated

Practice arena

Egilshöll Ice Arena, Fossaleyni 1, Reykjavík

An indoor ice-rink with the ice surface of 30 x 60 m, air-conditioned and heated

Categories

Junior Men

Short Program The required elements to be skated are those listed in ISU Technical Rules Single & Pair Skating 2022, Rule 611, paragraphs 1 and 3.

Duration: 2 min. 40 sec. +/- 10 sec.

Free Skating In accordance with ISU Technical Rules Single & Pair 2022, Rule 612 and the respective ISU Communication. Special attention should be paid to the “well balanced program” and the element value.

Duration: 3 min. 30 sec. +/- 10 sec.

Junior Women

Short Program The required elements to be skated are those listed in ISU Technical Rules Single & Pair Skating 2022, Rule 611, paragraphs 1 and 3.

Duration: 2 min. 40 sec. +/- 10 sec.

Free Skating In accordance with ISU Technical Rules Single & Pair 2022, Rule 612 and the respective ISU Communication. Special attention should be paid to the “well balanced program” and the element value.

Duration: 3 min. 30 sec. +/- 10 sec.





Senior Men

Short Program The required elements to be skated are those listed in ISU Technical Rules Single & Pair Skating 2022, Rule 611, paragraphs 1 and 2.

Duration: 2 min. 40 sec. +/- 10 sec.

Free Skating In accordance with ISU Technical Rules Single & Pair 2022, Rule 612 and the respective ISU Communication. Special attention should be paid to the “well balanced program” and the element value.

Duration: 4 min. +/- 10 sec.

Senior Women

Short Program The required elements to be skated are those listed in ISU Technical Rules Single & Pair Skating 2022, Rule 611, paragraphs 1 and 2.

Duration: 2 min. 40 sec. +/- 10 sec.

Free Skating In accordance with ISU Technical Rules Single & Pair 2022, Rule 612 and the respective ISU Communication. Special attention should be paid to the “well balanced program” and the element value.

Duration: 4 min. +/- 10 sec.

6 Entries

All entries must be made by the ISU Member concerned.

All entries must be done through the **ISU Online Registration System (ORS)**, fms.sportresults.com/isu , by the deadlines indicated. Declarations need to be uploaded to the ORS as well.

Accreditation will be given to all Referees, Judges, Technical Panels, Competitors, Team Leaders, Coaches and Representatives from each Member Federation.

Entry by Name

Complete final entries by name for Competitors, Team members, Judges, Technical Panel Members and Referees must reach the Organizer by **Monday, January 2nd 2023**, at 20:00 Icelandic local time (GMT) at the latest, by entering the information through the **ISU Online Registration System (ORS)**.

Entries of competitors

Each invited Member from the Nordics countries has the right to enter competitors as follows:

3 Senior Men & 3 Senior Women

3 Junior Men & 3 Junior Women



The Nordics Open @RIG 2023

International Figure Skating Competition Hosted by The Icelandic Skating Association

www.iceskate.is/nordics2023/



Finland and Norway have one (1) extra entry in Junior Women, and Sweden and Finland have one (1) extra entry in Junior Men based on the results of The Nordics Open 2022.

Each invited Member from the all other ISU Members has the right to enter competitors as follows:

2 Senior Men & 2 Senior Women

2 Junior Men & 2 Junior Women

The host may allow extra entries if needed to fulfill the criteria for world standing points and activity for officials.

The Organizer has the right to limit the maximum number of entries to 24 in each category.

Entries of officials

All ISU Members can enter Judges.

The host Nordic country member is responsible for appointing Referees and Technical panels for all categories, following initial suggestions from the Nordic country members as well as for the appointment of the Judges panels.

Each Nordic country member is responsible for providing at least one (1) international or ISU level judge, and at least one (1) technical panel member, but maximum two (2) Technical Controllers or Specialists. A minimum total of 3 officials.

The Host country completes the panels of Officials according to the ISU Rules and relevant Communications regarding world standing points and officials' activity.

Entry fee

The entry fee is **€75** per skater. Fees are to be paid by Bank Transfer through invoice which will be sent out immediately after the final entry day.

The entry fee will not be refunded in case of withdrawal for any reasons after **Monday, January 2nd 2023**.

7 Meetings for Officials and Judges

All Referees, Technical Controllers, Technical Specialists, Data and Replay Operators and Judges are responsible for making their travel arrangements in order to be able to attend the respective event and related meetings. If any other party organizes the flight arrangements the Referees, Technical Controllers, Technical Specialists, Data and Replay Operators and Judges are responsible for checking if such arrangements are in line with the detailed Time Schedule.

8 Expenses

All expenses for competitors, coaches, and team leaders must be covered by their Members. The Organizer will cover meals and hotels for entered judges outside the Nordic Members.





Each participating Nordic Member must bear all the expenses for their judges and technical panel members. The meals (lunch and dinner) and pocket money for technical panel members are borne by the Organizer.

Travel and accommodation expenses will be paid only for the invited Referees, technical panel members and judges from outside the Nordic countries.

If a Nordic Member does not provide a Judge and a Technical panel member from their own country, the member must cover the cost of one Judge/Technical panel member invited by the Organizer.

9 Official Hotel

[Grand Hotel Reykjavik](#) is located within a walking distance to the main arena.

Shuttle services will be made available between the official hotel, main arena and practice arena.

This stylish hotel features a complimentary fitness centre, spa, non-smoking rooms, free WiFi, lounges, bar and a restaurant. Guests can also enjoy free parking and free shuttle bus to Reykjavik city centre during the day.

Grand Hotel Reykjavík conforms to the Nordic Ecolabel criteria for hotels. This guarantees that the highest standards regarding environmental measures, health, functionality and quality requirements have been met. Nordic Swan Ecolabel is the official Nordic sustainability Ecolabel.

Hotel accommodation must be booked through [this link](#) by January 2nd 2023, at 20:00 Icelandic local time (GMT) at the latest.

Only team members can book accommodation through the OC.

All room rates are per room per night. Breakfast is included

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|-------------|------|
| Single Room | €170 |
| Double Room | €190 |

Chaperones must book their own accommodation. The booking code “NMISL23” can be used at www.grandhotel.is

10 Meals

All accredited Team Members can purchase meal tickets from the OC.

Starting with lunch on Wednesday, February 1st, to lunch on Sunday, February 5th.

Cost per person is €15.00 per lunch and €32.00 per dinner.

All meals must be booked at [this link](#) by **Monday January 2nd**, at the latest, and paid via bank transfer through invoice that will be sent out immediately after the deadline.

Lunch and dinner will be served at Cafè Easy, next door to the competition ice rink. Breakfast is included at the hotel.





11 Official Banquet

The Official Banquet for the Officials, coaches and skaters will be held on Friday evening at 20:00. The ticket cost is 40.00 EUR/ person.

All banquet tickets must be booked by each Member through [this link](#) by Monday January 2nd 2023 at the latest and paid for via bank transfer through invoice that will be sent immediately after the deadline.

12 Transportation

There will be **no organised transfer between Keflavik International Airport and the hotel.** Buses are available from Keflavik airport and stop at all main hotels. Further information about the bus service can be found at www.re.is/tour/flybus/

Shuttle buses to/from ice rink

There will be shuttle buses available during the whole day between the main rink, practice rink and hotel. Accredited team members have access to the shuttle buses.

Bus passes for non-accredited persons can be bought, they cost €20.00 per person and are valid during the whole event. Passes for shuttle buses must be booked through [this link](#) by Monday January 2nd 2023 at the latest and paid for via bank transfer through invoice that will be sent immediately after the deadline.

13 Planned Program Content, Music info and Media info

All competitors and substitutes must be entered through ISU's ORS.

Music info, media info and PPC must be uploaded / updated in the **ISU Portal** by **Monday January 9th 2023.**

If music information is not complete and/or music is not provided, accreditation will not be granted.

The Planned Program Content must be filled in precisely by each competitor in English using the terminology for the elements listed in the respective ISU Communication.

14 Music

Competition Music

Music files in .mp3 format are to be uploaded on [this link](#) no later than **Monday January 9th 2023.** Any other format will not be accepted. Please name the .mp3 file with each competitor's country, name, category and program (short/free).

Ex: ISL_John Smith_junior_Freeskate.mp3

All competitors shall furnish an extra copy of competition music of excellent quality on a USB drive to have available at the rink during their event (playback from phones is not accepted), in accordance with ISU Rule 343, paragraph 2. Each program (short/free) must be recorded on a separate track. Please note CDs will not be accepted by the Organizing Committee.





National Anthem Upload

The Organizing Committee kindly asks all Members to upload their National Anthem, in .mp3 files only, via [this link](#) no later than **Monday, January 9th 2023**.

15 Accreditation

The Accreditation will be at the **main ice rink** upon arrival.

Accreditation as a Team Member will be given to all entered Judges, Competitors and one Team Leader and one Assistant Team Leader per participating team, one Coach per competitor, two medical persons per team and one Team Official of ISU Members. Accreditation will only be granted to persons in those various functions if officially entered and named through their ISU Member.

16 Opening Draw

Opening draw will take place on Wednesday, February 1st 2023.

Starting order will be made public on the official website immediately.

The order of skating in the Free Program will be in the reverse order of places in the Short Program.

17 Results and Awards

The marking system (ISU Judging System) as described in ISU Technical Rule Single & Pair Skating 2022. Rule 352 and Rule 353 (Determination and publication of results) will be used. Protocol/ list of results in each category will be published on the competition's website: www.iceskate.is/nordics2023/

The three best placed Competitors in each event will be announced and honoured. Gold, silver and bronze medals will be presented to the medalist's.

18 Practice

Official Practice for competitors begins on Thursday, February 2nd, according to the Time Schedule.

Unofficial practice for all categories will take place on Wednesday, February 1st. Unofficial practices must be booked through [this link](#) by Monday January 2nd 2023 at the latest and paid for via bank transfer through invoice that will be sent immediately after the deadline. The price for practice is €15.00 per skater for a 45 min session. The detailed practice schedule will be available at a later date.

19 Anti-Doping

Anti-Doping tests may be carried out in accordance with the current ISU Anti-Doping Rules and Procedures (ISU Communication 2344 or any further update of this Communication).





20 Insurance / Liability

In accordance with Rule 119, it is the sole obligation of each Member participating to provide medical and accident insurance for their athletes, officials and all other members of the Member's team. Such insurance must assure full medical attendance and also the return of the ill or injured person to the home country by air transport or by other expeditions.

21 Information

For further information, please contact the Organizing Committee

Nordics Open @RIG Organizing Committee

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Keep yourself up to date on: www.iceskate.is/nordics2023

We look forward to welcoming you in REYKJAVÍK ICELAND
#RIG23 #RIGfigure #nordicsrig



The Nordics Open @RIG 2023
International Figure Skating Competition Hosted by The Icelandic Skating Association
www.iceskate.is/nordics2023/



22 Forms and deadlines

| Description | Deadline | Link |
|--------------------------------|------------------------------|---|
| Entry by Name | January 2 nd 2023 | fms.sportresults.com/isu |
| Accommodation | January 2 nd 2023 | https://forms.gle/QTWfF81QLUUgGiEr7 |
| Meals | January 2 nd 2023 | https://forms.gle/j2HBeDVazfbPy34f8 |
| Banquet Tickets | January 2 nd 2023 | https://forms.gle/XBS8aBDvMFeczJxE6 |
| Shuttle Service | January 2 nd 2023 | https://forms.gle/HtXFDPYfSvMs46h86 |
| Unofficial Practice | January 2 nd 2023 | https://forms.gle/G43XFcGTaD9m8kfE9 |
| Music upload | January 9 th 2023 | https://forms.gle/XSAtUQ5buJZpster9 |
| National Anthem upload | January 9 th 2023 | https://forms.gle/JT6smB3nNTcL7Vas9 |
| PPC, Music info and Media info | January 9 th 2023 | https://isuportal.sportresult.com |





23 Preliminary Event Schedule

Nordics and Nordics Open @RIG 2023

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|-------------------------|--|
| Wednesday, February 1st | Arrival of teams Unofficial Practice (Possibility to book ice) Technical Panel Meeting Draw Novice/Junior |
| Thursday, February 2nd | Official Practice Novice/Junior Judges Meeting and draw Competition: Advanced Novice Girls / Boys Opening on ice Competition: Junior Men / Women |
| Friday, February 3rd | Official Practice Novice/Junior Competition: Advanced Novice Girls / Boys Competition: Junior Official Dinner |
| Saturday, February 4th | Coaches Seminar – separate invitation Official Practice Junior / Senior Competition: Junior /Senior |
| Sunday, February 5th | Official Practice Senior Competition: Senior |

Please note:

This Schedule is preliminary and is subject to change in accordance with the final number of entries

