

## General Covid guidelines for Reykjavik International Games 2022

Due to the Omicron variant, the spread of COVID-19 is on a very high level. Therefore, it is of great importance that everyone involved in the Games respect and follow all recommendations and regulations. All athletes, coaches and team officials are strongly recommended to be vaccinated. Not only for their personal health, but also in respect for other athletes and volunteers health and careers, as well as for the health care system.

Based on the regulations set up by the Icelandic government concerning handling of the Corona virus, our suggestions are as follows. Note that the situation can change which means that this document can be subject to changes and updates until competition.

### General rules

- Stay home if you have any symptoms of COVID-19
- Wash your hands often and use hand sanitizers
- Keep distance to people you don't normally meet, avoid being close to other people especially in closed areas during long time
- Socialise outdoors and in smaller groups
- Use masks

### Travelling to Iceland

According to the Icelandic authorities, travellers are allowed to enter Iceland but **must show a negative covid test no older than 48 hours before entering Iceland**. This applies to all non-Icelandic citizens, regardless of being vaccinated or proof of recent recovery from COVID-19. Since a negative test is required, travellers no longer need to present the EU Digital COVID Certificate.

All travellers need to show a test certificate issued by an authorised lab. The test itself is not valid as a verification. Therefore, so called "home tests" are not valid to enter Iceland. Approved tests are PCR tests.

PCR testing is done at the airport upon arrival. Please present your negative results to the event co-ordinator at accreditation.

Further information: <https://visit.covid.is/registration/>

## **Further for figure skating**

All DOMESTIC athletes/officials/staff/coaches/team leaders must present a negative Rapid test (not a home test) to enter the rink. A certificate of a prior infection is valid only for domestic participants. The certificate must be at least 14 days old but not older than 180 days. MASKS MUST BE WORN AT ALL TIMES INSIDE THE RINK.

### **Transfer from airport to and from the hotel**

- Please take the Fly Bus to and from the Hotel.

### **At the rink**

- Please arrive at the rink timely for accreditation. You need to present a negative test, passport and verify music. This might take time.
- Everyone MUST wear masks. Masks can only be taken off while actively eating (in designated areas only and on the ice (no eating in the dressing rooms)).
- The rink is divided into sections. Please do not cross from one section to another without permission. Athletes, team leaders and coaches exit the rink through a side door and not the front door. You are not allowed to enter the rink through this door.
- In order to limit individuals that are present at rink side and in dressing rooms please limit the coaches and team leaders in this area when not assisting the athletes.
- Warm up will be in a separate section than at rink side. Warm up coaches and team leaders as well as athletes waiting to enter the dressing rooms can start warm up here.
- Athletes are encouraged to warm up outdoors as much as possible
- Only athletes who are currently warming up are allowed in the warm up area
- Athletes, coaches and team leaders must leave the rink by side door as soon as they have finished. Athletes waiting for medal ceremonies can wait with their team leader in the stalls. Masks must be worn.
- Wash your hands often and use hand sanitisers
- Keep distance to others as much as possible and follow the directions of the rink staff

### **Volunteers**

- All volunteers must follow the general rules
- All volunteers, regardless of age, must present a negative rapid covid test (not a home test) or proof of prior infection 14-180 days (Heilsuvera)
- All volunteers must wear face masks at the venue. Masks can be taken off while eating in designated areas only.

### **Spectators**

No Spectators are allowed