

# ÍSS Competition Categories 2019-2020

Categories + music length ISU rules apply Age as of July 1st	Jumps ISU rules apply <i>*A repeated jump must be in a combination or a sequence. <u>Each jump can only be repeated once</u></i>	Spins ISU rules apply <i>* <u>Of different nature</u></i>	Sequences ISU rules apply	Program Components / Levels
<b>Chicks</b> 8 years & younger <u>2:00</u> min +/- 10 sec	<b>Max. 4 jump elements*</b> Max 2 combos/sequences	<b>Max. 2 spins*</b> (min. 3 revolutions)	<b>1 Step Sequence (StSq)</b>	Skating Skills Performance  Max Level 2
<b>Cubs</b> 10 years & younger <u>2:00</u> min +/- 10 sec	<b>Max 4 jump elements*</b> Max 2 combos/sequences	<b>Max. 2 spins*</b> (min. 3 revolutions)	<b>1 Step Sequence (StSq)</b>	Skating Skills Performance  Max Level 2
<b>Intermediate Ladies/Men</b> 15 years & older <u>3:00</u> min +/- 10 sec	<b><u>Max 5 jump elements</u></b> <u>At least one must be an axel type</u> <u>Max 2 combos/sequences (one can include 3 jumps)</u> <u>Each jump can only be repeated once</u>	<b><u>Max 2 spins*</u></b> <u>(minimum 6 revolutions with no change of foot,</u> <u>minimum 8 revolutions with change of foot)</u>	<b>1 Step Sequence (StSq)</b> and <b>1 Choreographic Sequence (ChSq)</b>	Skating Skills Transitions Performance <u>Composition</u> Interpretation  Max Level 4
<p><b>Basic Novice, Intermediate Novice, Advanced Novice</b> – See ISU Rules, Communication 2242 <b>Junior and Senior</b> – See ISU Rules, Rule 611</p> <p><b>Bonus Points:</b> Basic Novice: 2Lz, 2F and 2Lo <u>in the same program</u> (fully rotated on the correct edge) give 1 point. 2A (can be &lt;) gives 2 points.  <b>Advanced Novice:</b> 2A (fully rotated) / 3x (can be &lt;) gives 2 points. Junior: 3x (can be &lt;) gives 2 points.  <b>All Categories:</b> Bonus Points are given a maximum of two (2) times per program.  <u>If a skater earns more bonus points the bonus points which give the highest points should be given.</u></p>				

# Program Components and Level Explanations

## Categories

**Chicks (8 years and younger) and Cubs (10 years and younger) receive marks for:**

- Skating Skills
- Performance

The factor of the program components is **2.5**.

**Levels explanations:** In all elements that are subject to levels, only features up to **Level 2** will be counted. Any additional features will not be counted for Level requirements and will be ignored by the Technical Panel.

**All other matters are according to ISU Communication 2242**

**Intermediate Ladies/Men (15 years and older) receive marks for:**

- Skating Skills
- Transitions
- Performance
- Composition
- Interpretation of the music

The factor of the program components is **1.3**.

**Levels explanations:** In all elements that are subject to levels, only features up to **Level 4** will be counted.

No half time bonus will be given.

**All other matters are according to ISU Junior Rules (Special Regulations and Technical Rules)**