

ÍSS Competition Categories 2019-2020

Categories + music length ISU rules apply Age as of July 1st	Jumps ISU rules apply <u>*If a jump is repeated, it has to be a jump combination or sequence</u>	Spins ISU rules apply	Sequences ISU rules apply	Program Components / Levels
Chicks 8 years & younger <u>2:00 min +/- 10 sec</u>	Max. 4 jump elements* Max 2 combos/sequences	Max. 2 spins (min. 3 revolutions)	1 Step Sequence (StSq)	Skating Skills Performance Max Level 2
Cubs 10 years & younger <u>2:00 min +/- 10 sec</u>	Max 4 jump elements* Max 2 combos/sequences	Max. 2 spins (min. 3 revolutions)	1 Step Sequence (StSq)	Skating Skills Performance Max Level 2
Intermediate Ladies/Men 15 years & older <u>3:00 min +/- 10 sec</u>	Max 5 jump elements <u>At least one must be an axel type</u> Max 2 combos/sequences (one can include 3 jumps) <u>Each jump can only be repeated once</u>	Max 2 spins* <u>(minimum 6 revolutions with no change of foot, minimum 8 revolutions with change of foot)</u>	1 Step Sequence (StSq) and 1 Choreographic Sequence (ChSq)	Skating Skills Transitions Performance <u>Composition</u> Interpretation Max Level 4
Basic Novice, Intermediate Novice, Advanced Novice – See ISU Rules, Communication 2242 Junior and Senior – See ISU Rules, Rule 611				
Bonus Points: Basic Novice: 2Lz, 2F and 2Lo <u>in the same program</u> (fully rotated on the correct foot) give 1 point. 2A (can be <) gives 2 points. Advanced Novice: 2A (fully rotated) / 3x (can be <) gives 2 points. Junior: 3x (can be <) gives 2 points. All Categories: Bonus Points are given a maximum of two (2) times per program. <u>If a skater earns more bonus points the bonus points which give the highest points should be given.</u>				

Program Components and Level Explanations

Categories

Chicks (8 years and younger) and Cubs (10 years and younger) receive marks for:

- Skating Skills
- Performance

The factor of the program components is **2.5**.

Levels explanations: In all elements that are subject to levels, only features up to **Level 2** will be counted. Any additional features will not be counted for Level requirements and will be ignored by the Technical Panel.

All other matters are according to ISU Communication 2242

Intermediate Ladies/Men (15 years and older) receive marks for:

- Skating Skills
- Transitions
- Performance
- Composition
- Interpretation of music

The factor of the program components is **1.3**.

Levels explanations: In all elements that are subject to levels, only features up to **Level 4** will be counted.

No half time bonus will be given.

All other matters are according to ISU Junior Rules (Special Regulations and Technical Rules)