

Competition Categories ÍSS 2018 - 2019

Categories + music length ISU rules apply Age as of July 1st	Jumps ISU rules apply <u>*If a jump is repeated, it has to be a jump combination or sequence</u>	Spins ISU rules apply	Sequences ISU rules apply	Program Components / Levels
Chicks 8 years & younger <u>2:30 min +/- 10 sec</u>	Max. 4 jump elements* Max 2 combos/sequences	Max. 2 spins (min. 3 revolutions)	1 Step Sequence (StSq)	Skating Skills Performance / Max Level 2
Cubs 10 years & younger <u>2:30 min +/- 10 sec</u>	Max 4 jump elements* Max 2 combos/sequences	Max. 2 spins (min. 3 revolutions)	1 Step Sequence (StSq)	Skating Skills Performance / Max Level 2
Intermediate Ladies/Men 15 years and older <u>See ISU Rules in Intermediate Novice</u>	See ISU Rules on Intermediate Novice	See ISU Rules on Intermediate novice	1 Step Sequence (StSq) and 1 Choreographic Sequence (ChSq)	<u>Skating Skills</u> <u>Transitions</u> <u>Performance</u> <u>Interpretation</u> / <u>Max Level 4</u>
<p>Basic Novice, Intermediate Novice, Advanced Novice – See ISU Rules, Communication 2172 Junior and Senior – See ISU Rules, Rule 611 Bonus Points: Basic Novice: 2Lz, 2F and 2Lo (fully rotated on the correct foot) give 1 point. 2A (can be <) gives 2 points. Advanced Novice: 2A (fully rotated) / 3x (can be <) gives 2 points. Junior: 3x (can be <) gives 2 points. All Categories: Bonus Points are given a maximum of two (2) times per program.</p>				

Program Components and Level Explanations

Categories

Chicks (8 years and younger) and Cubs (10 years and younger) receive marks for:

- Skating Skills
- Performance

The factor of the program components is **2.5**.

Levels explanations: In all elements that are subject to levels, only features up to **Level 2** will be counted. Any additional features will not be counted for Level requirements and will be ignored by the Technical Panel.

All other matters are according to ISU Communication 2172

Intermediate Ladies/Men (15 years and older) receive marks for:

- Skating Skills
- Transitions
- Performance)
- Interpretation

The factor of the program components is **1.6**.

Levels explanations: In all elements that are subject to levels, only features up to **Level 4** will be counted.

All other matters are according to ISU Rules (Special Regulations and Technical Rules)